

## PHARMACEUTICAL CARE NETWORK EUROPE

## **Working Conference 2013 – Abstract**

Collaborative pharmaceutical care in research and practice

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The above mentioned participant in the PCNE WC 2013 wishes to submit following abstract for a poster or oral communication. If accepted and presented, the abstract will be published in the International Journal of Clinical Pharmacy. Please make sure the abstract is no longer than 350 words, excl. author-details.

Title: Analyzing qualitatively graphic descriptors in a set of Portuguese Medicines Package				
Inserts				
Author(s): Carla Maria Pires, Marina Vigário, Afonso Miguel Cavaco				
Type of abstract				
☒ Research    ☐ Practice development    ☐ Practice implementation				
Aim of project/study				
Figures and tables are key elements to illustrate information, facilitating medicines use and				
treatment adherence.				
Study aim: to develop qualitative graphic descriptors (QGD) addressing graphical information				
conveyed by Package Leaflets (PL) i.e. figures, pictograms and tables. Absolute and relative				
frequency of graphics and their descriptors were measured.				
Method				
Selection of all branded medicines PL from the 3 most consumed pharmaco-therapeutic				
groups in Portugal i.e. cardiovascular, central nervous and musculoskeletal (locomotion)				
medicines (2009 data). PL were organized and analyzed according the European QRD				
template. QGD were developed based on QRD terminology.				
Results				
651 PL were identified, presenting a total of 18 figures (2.8%), 23 pictograms (3.5 %) and 77				
tables (11.8%). Qualitatively, Pictures present 3 different QGD: "how to <take> <use>" (n=12),</use></take>				
"how it looks like" (n=3) and "precautions" (n=3); Pictograms 1 QGD: "how to <take> <use>"</use></take>				
(n=23); Tables present 6 QGD: "posology" (n=33), "adverse reactions" (n=25), "marketing				
authorization holders" (n=14), "interactions" (n=2), "fargerström test" (n=2) and "precautions"				
(n=1). Overall, the sampled Portuguese PL disclosed few graphic elements and QGD are				
limited. Readibility studies are recomended to confirm PL graphics utility in medicines use and				
treatment adherance.				
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+++ NB: PhD students still pay the early bird fee for their abstract if their abstract is accepted ++++