



Opi-Prim

Opioidbehandling vid långvarig smärta i primärvården



Interprofessional perspectives on opioid use in chronic non-cancer pain in primary care

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W.H.O. PAIN LADDER

ASHISH SINGH,
MEDICOWESOME

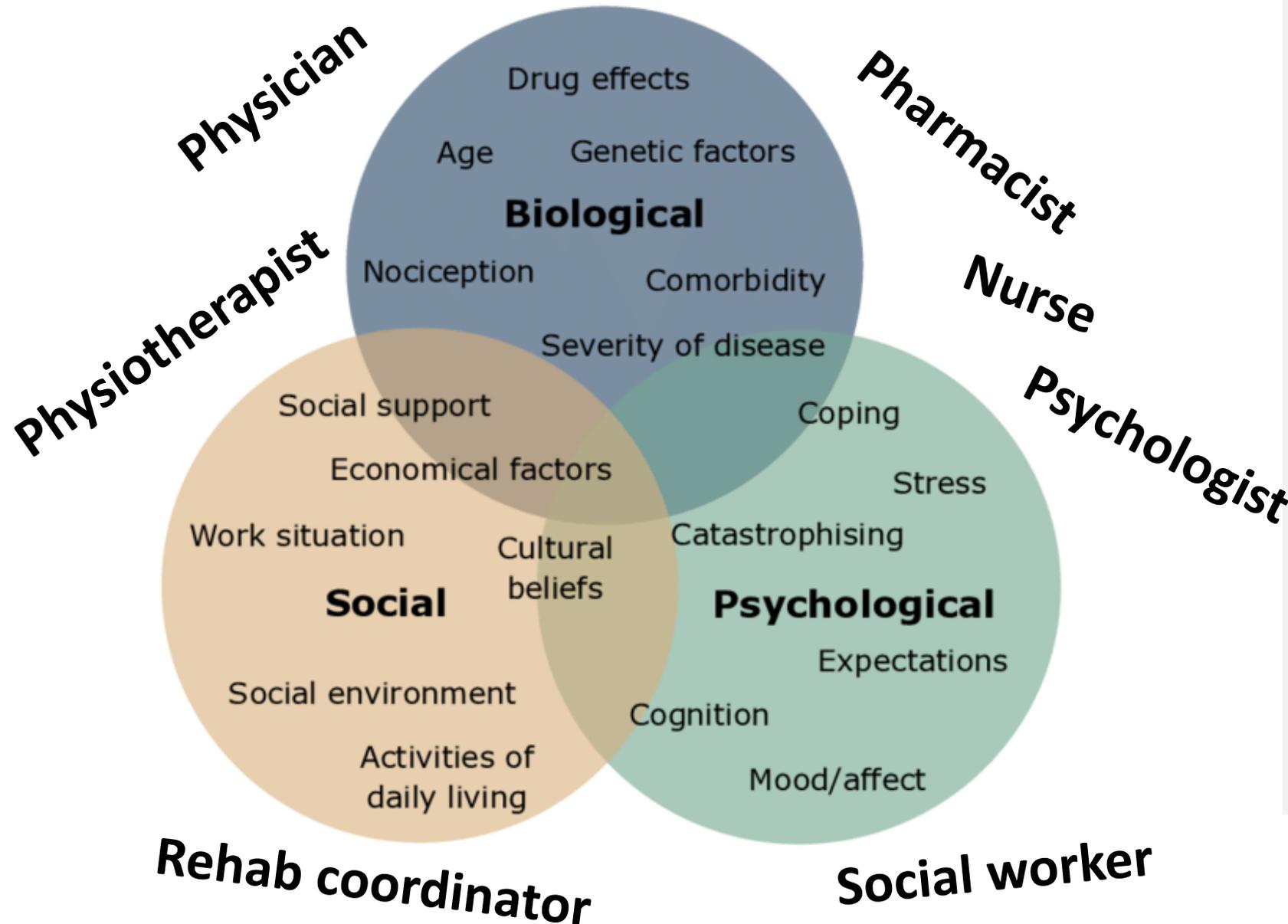
STRONG OPIOIDS

Acute pain \neq Chronic pain

SIMPLE ANALGESICS

Paracetamol, Aspirin, NSAIDS

Biopsychosocial model of chronic pain



Aim

To explore the perspectives of **healthcare professionals** on **opioid use** in chronic non-cancer **pain management** in **primary care**

Method

- Focus group interviews
- Thematic analysis

Results: Healthcare professionals' perspectives on opioid use in chronic pain in primary care

Impact of chronic pain

Complexity of opioid treatment

Barriers to non-pharmacological alternatives



Benefits of interprofessional care

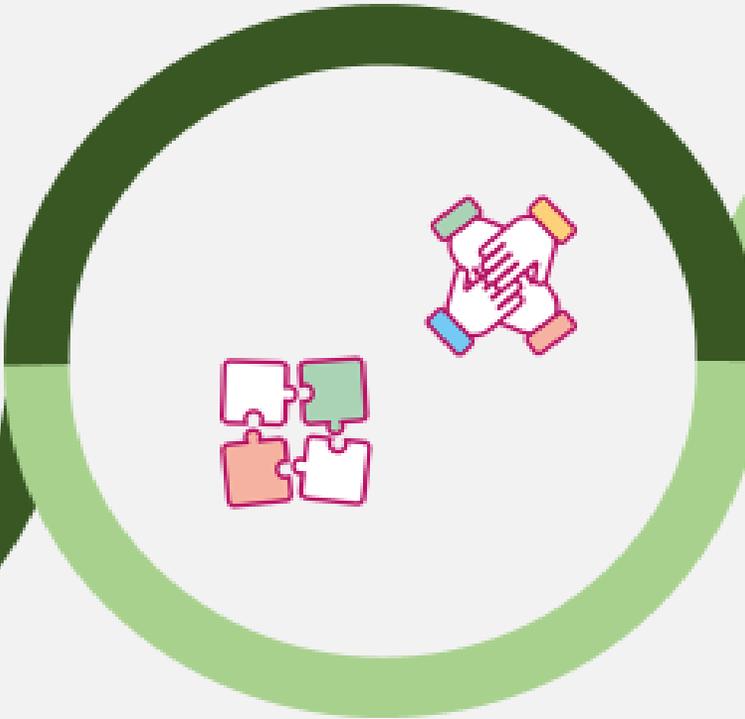
Prerequisites for successful treatment

Next step: Person-centred, team-based intervention

Phase 1
Assessment
(week 1-2)



Phase 2
Treatment plan
(week 2-3)



Phase 3
Treatment follow-up
(week 3-26)



Visits

- Pharmacist
- General practitioner
- Physiotherapist
- Psychologist
- Care manager

Team consultation 1

- With patient
- Individualized treatment plan

Telephone/visit

- Frequent contacts



Team consultation 2

- Week 12-16



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Thank you!



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